

WOMEN ALONE TOGETHER®

Seminars and Activities History

Program Year 2002 – 2003

November 16, 2002

Inaugural Seminar

Lessons from Women's Lives	Carolyn Curry, PhD
Lessons from Practical Life	Zoe Hicks, JD, LLM
Lessons for Personal Growth	Ron Greer, MDiv, ThM
Telling Our Stories	

March 29, 2003

Spring Seminar

Winning the Money Game	Ruth Sikes, CLU, ChFC
Women's Health: We Are Not Alone	Jane Mashburn, MSN
More Lessons for Personal Growth	Ron Greer, MDiv, ThM
Conversations about Personal Growth	Martha Tate, MSW

Program Year 2003 – 2004

October 18, 25 and November 1, 2003

Personal Growth Mini-Series

Dealing with Emotions, Developing Community	Ron Greer, MDiv, ThM
---	----------------------

February 7, 14, 21, 2004

Financial Mini-Series

Are You In Jeopardy? How to Win the Money Game	Ruth Sikes, CLU, ChFC
--	-----------------------

April 3, 2004

Taking Care of You

Susan Lockhart, PhD
Nora Keenan, PhD
Gina Price Lundberg, MD

Program Year 2004 – 2005

October 4, 2004

Women and Money, the Road to Financial Independence

Alexandra Armstrong, CFP

Women Telling their Stories: Lucy Molinaro, Sharon Pauli, Ruth Sikes

November 13, 2004

New Beginnings:

Effectively Engaging Emotional Transitions	Ron Greer, MDiv, ThM
	Libba Fairleigh, MDiv
Women Telling their Stories	Mary Caroline Lindsay
	Janet Browning
	Libba Farleigh

March 5, 2005

Mini-Seminar

Long Term Care Insurance	Kris Dwyer, MBA, CDFA
Life Insurance & Annuities	Elizabeth Sachsemaier, CLTC, LTCP
Social Security & Medicaid	Stephen H. DeBaun, Atty at Law

WOMEN ALONE TOGETHER®

Seminars and Activities History

Program Year 2004 – 2005 (cont)

April 16, 2005

Women and Cancer

Women and Cancer
Prevention, Control, and Treatment
Women Telling their Stories

Victoria Green, MD. MBA. JD
Betty Castellani, DMin
Nora Keenan
Karen Greer
Frannie Graves
Carolyn Clarke

Program Year 2005 – 2006

October 22, 2005

Having Enough for the Long Haul

Investing in Bonds
Social Security
Estate Planning

Kris Dwyer, MBA, CDFA
Stephen H. DeBaun, Atty at Law
Zoe Hicks, JD, LLM

January 21, February 26 and March 18, 2006

Refresh Project - A Self Study Initiative

Guiding Future Programming

Marilyn Hammond, MBA

Program Year 2006 – 2007

September 23, 2006

Positive Psychology-What You See Is What You Get; But What You Look For Is What You See

Carrell Dammann, PhD.

November 18, 2006

Let's Plan a Trip

Kaye Carmichael

February 24, 2007

To Move or Not to Move

Money Decisions of Where We Live
Managing the Move
Women Telling Their Stories

Kris Dwyer, MBA, CDFA
Dottie Albright
Mary Caroline Lindsay—Home to Condominium
Margaret Ritchie—Home to Apartment

March 17, 2007 Co-sponsored with the Alzheimer's Assn, Georgia Chapter

Brain Health

Larry Tune, MD, Professor of Psychiatry and Behavioral Sciences and Geriatrics at Emory University

Suzette Binford, Care Consultant, The Alzheimer's Assn., Georgia Chapter

Women Telling Their Stories Martha Hubbard-Pritchard
Carol Adams
Suzette Binford

WOMEN ALONE TOGETHER®

Seminars and Activities History

Program Year 2007 – 2008

September 22, 2007

Women Finding Their Voices

The Historical Perspective

Carolyn Curry, PhD

Women Finding Their Voices for Future Generations

Elizabeth Kiss, PhD; President Agnes Scott College

November 3, 2007 Sponsored by Agnes Scott College, as part of the Leadership Seminar

Women Don't Ask

Women and Negotiating

Sara Laschever, co-author of ***Women Don't Ask***

December 1, 2007

Women Finding a Voice for Their Grief and Their New Lives

Ron Greer, MDiv., ThM.

March 29, 2008

Wives of Men with Dementia Finding their Voices

Finding her Voice with the NFL Sylvia Mackey

Resources for support

Ginny Helms, VP Alzheimer's Association, GA Chapter

Moirra Keller LCSW of Sixty Plus Older Adult Services at Piedmont Hospital

Program Year 2008 – 2009

September 6, 2008

Fit for Life Fair

Joint Health: "Use it or Lose It" Devon Nobis of Resurgens Orthopaedics

Screenings, Exercise classes; Joeleen Akin, Athletic Director at ASC & Wendy Nelson & ASC PhysEd Staff

November 15, 2008

Reinventing the Holidays; Dealing with Life's Losses

Judy Coyer Wolfe, M Div, BCC, CT

February 28, 2009 Sponsored by the Atlanta Chapter, Agnes Scott College Alumnae Association

What Every Woman Should Ask and Answer

Ginger Patton-Schmitt, JD

March 21, 2009

Women Reinventing Our Lives - Our Stories

Reinventing with spouse in dementia

Sylvia Mackey

Reinventing after Katrina and Death of Spouse

Jean Hyman

Program Year 2009 – 2010

September 26, 2009

Fit for Life

Sleep and Peaceful Living; Elizabeth Carson, PhD, St. Joseph's Hospital

Yoga or Modified Boot Camp

Foot and other screenings

WOMEN ALONE TOGETHER®

Seminars and Activities History

Program Year 2009 – 2010 (cont)

November 14, 2009

Grief and Beyond

Ron Greer, MDiv., ThM

January 30, 2010 Co-sponsored by the Atlanta Chapter, Agnes Scott College Alumnae Association

Smart Women Plan: An Insider's Guide to Estate Planning

Ginger Patton-Schmitt, JD

Program Year 2010 – 2011

September 25, 2010

Fit For Life

Marie Garrity, M.D., Board Certified in Internal Medicine, The Medical Group of Saint Joseph's

To a Healthy Heart

Stacy H. Jaskwhich, MSN, NP-C, Clinical Coord. The Heart Center for Women, St. Joseph's Hospital

Posture, Zumba, Yoga

Ann Ritter, www.thehumannaturebridge.com

November 13, 2010

Dealing with Life's Losses

Judy Coyer Wolfe, M Div, BCC, CT

February 27, 2011

Toulouse-Lautrec and Friends: Special Exhibition Special guests:

The Stein Collection at the High Museum of Art

Howard Stein, Collector

David Brenneman, Director of Collections and Exhibitions

March 19, 2011 Event co-sponsored with the Georgia State University College of Law

Women and the Law: Health Directives, Wills and Financial Planning

Advance directives for health care planning; Jerri Nims Rooker, Assoc.Dir., The Center for Law, Health & Society
GSU

The basics of financial planning; Anne Tucker, Assistant Professor. Professor Tucker researches in the areas of corporate law and governance examining the fiduciary duties of directors and the rights of shareholders.

Wills and Estate Planning; Mary F. Radford, Professor of Law. Her teaching areas are Wills, Trusts & Estates; Estate Planning; Law & the Elderly and Employment Discrimination.

Program Year 2011 – 2012

November 12, 2011

Women Moving Beyond Life's Losses

Rev. Pam Driesell - Senior Pastor, Trinity Presbyterian Church

February 11, 2012

Getting Your Financial House in Order

Page Harty, Partner, CFP – SignatureFD, Comprehensive Financial Design Firm

Linda Schaeffer, Partner, CPA CFE CVA, Frazier & Deeter, Full service CPA Firm

WOMEN ALONE TOGETHER®

Seminars and Activities History

Program Year 2012-2013

September 21, 2012

Women Living Long and Living Well

Lunch and Learn with our women on the tangibles and intangibles of Living Long and Living Well.

November 10, 2012

From Loss to Contentment

Judy Coyer Wolfe, M.Div., BCC, CT grief counselor

May 3, 2013

A Day Away in May

At the Curry's with a visit to OC's Garden

Program Year 2013-14

September 26, 2013

Arts Connection with Agnes Scott College Atlanta Alumnae Chapter

"Girl with a Pearl Earring": Dutch Paintings from the Mauritshuis at the High Museum

November 9, 2013

Journey from Grief to Hope

Pastoral counselor and friend of Women Alone Together, Ron Greer

April 2, 2014

Day Trip to Gibbs Gardens

Program Year 2014-15

August 23, 2014

Together Again; Just to Talk

Guest: Moira Keller from 60 Plus at Piedmont Hospital

October 3, 2014

Native Guard at the Alliance Theatre

Group attendance at inaugural production of adaptation of Natasha Trethewey's book

November 1, 2014

Finding Hope at the Holidays

The Reverend Kate Colussy-Estes, Julia Thompson Smith Chaplain, Agnes Scott College

January 24, 2015

Identity Security – Online and in Person

Vivian M. Wright; Common Sense Solutions, Inc.

Saturday March 14, 2015

Creating Happiness and Meaning: Positive Psychology Applied to Your Life

Jennifer Hughes, Charles Loidans Professor of Psychology at Agnes Scott College, takes us into a new field of psychology that goes beyond getting back to normal and focuses on enhancing happiness and life meaning.

WOMEN ALONE TOGETHER®

Seminars and Activities History

Program Year 2015-16

October 3, 2015

A Year of Living Better

Moderator: Carolyn Newton Curry, Agnes Scott College '66

Speaker: Susie Davis, BS and MS in Exercise Science from Florida State University w/ Emphasis in Corporate Wellness; Current emphasis on women and seniors

Guest discussion and demonstration: Charleen Thompson, BS University of Alabama; Consultant with Rodan + Fields® Dermatologists

November 14, 2015

Finding Hope in the face of Grief and Loss

The Reverend Kate Colussy-Estes, Julia Thompson Smith Chaplain, and Dr. Paula Bloom, Psychologist and Counselor, Agnes Scott College

Program Year 2016-17

September 17, 2016

Fall Kickoff - Caring Women and Self Care

Nancy Kriseman, LCSW and author of *The Mindful Caregiver* and Suzette Binford from the Alzheimer's Association.

November 12, 2016

Engaging the Future After Loss

Pastoral counselor and friend of Women Alone Together, Ron Greer

March 4, 2017

Premiere of *The Temple Bombing* based on the book by Melissa Fay Greene
The Alliance Theatre

March 16, 2017

Tour of the Atlanta Beltline

Program Year 2017-18

September 23, 2017

Women Alone Together® 15th Anniversary

November 11, 2017

Engaging the Future After Loss

Dr. Ailene Cooley widow and retired ASC professor of psychology

February 17, 2018

Becoming a "Spammer Hammer!" Best Practices to Thwart Thieves, Hackers, and Other Online Criminals with Atlanta Attorney and WAT Board Member Paul F. ("Pete") Wellborn III

March 1, 2018

Launch New Website: www.womenalonetogether.org

WOMEN ALONE TOGETHER®
Seminars and Activities History

Program Year 2018-19

September 8, 2018

Fall Kickoff – A Year of Caring and Sharing

October 13, 2018

WOMEN BUILD: with Habitat for Humanity®

November 10, 2018

The Journey from Grief to Hope with Ron Greer

January 15, 2019

Tour of the Swan House at the Atlanta History Center followed by lunch at the Swan Coach House

April 6, 2019

Saturday Sisters Potluck Luncheon with Nancy Kriseman discussing the importance of resilience as we age, based on *Women Rowing North* by Mary Pipher

WOMEN ALONE TOGETHER®

Seminars and Activities History

September 11, 2003	First Meeting of WAT Book Group (Continues to meet monthly; prior selections list available on website)
September 27, 2003	Picnic/Retreat at the Currys' Mountain Home
November 22, 2003	First Meeting of WAT Saturday Sisters at Donna Mays' Home
January 24, 2004	Saturday Sisters
March 24, 2004	Saturday Sisters at Anne Shaw's home
April 24, 2004	Saturday Sisters at Sharon Pauli's home
May 22, 2004	Spring Picnic / Retreat at the Currys' Mountain Home
June 26, 2004	Saturday Sisters at Tillie Carter's home
July 24, 2004	Saturday Sisters at Susan Lockhart's home in Helen, GA
September 25, 2004	Saturday Sisters at Carolyn Clarke's home – How I Spent My Summer Vacation
December 11, 2004	Saturday Sisters at Janet Browning's home
January 22, 2005	Saturday Sisters at Mary Beth Lyle's home
February 19, 2005	Saturday Sisters at Pam Ashmead's home
April 21-24, 2005	Getaway to St. Simons Island
May 21, 2005	Saturday Sisters at Ellen Mitchell's home
September 17, 2005	Lunch on the Veranda at the Historic Home of Nell Hodgson Watt in Griffin, GA
January 21, 2006	Saturday Sisters at Anne Shaw's home
April 22, 2006	Saturday Sisters at Mary Baginski's home
October 5 - 8, 2006	Amelia Island Getaway
May 12, 2007	Spend the Day at Callaway Gardens
March 6, 2008	A Day in Flannery O'Connor's Steps: Day trip to Milledgeville, with Linda Hubert, professor emerita of English at ASC Co-sponsored w/ Atlanta Chapter, Agnes Scott College Alumnae Association

WOMEN ALONE TOGETHER®

Seminars and Activities History

May 3, 2008	Saturday Sisters at Mary Kay Howard's home
May 24, 2008	Spring Luncheon at Swan Coach House
October 25, 2008	Saturday Sisters at Mary Kay Howard's home
December 6, 2008	Saturday Sisters at Tillie Carter's home
May 16, 2009	Spring Luncheon at Swan Coach House
October 24, 2009	Remembering Carolyn Clarke at the Currys' Mountain Home
December 12, 2009	Saturday Sisters at Sharon Pauli's home
March 27, 2010	Saturday Sisters at the Currys' condominium Introducing the Women Alone Together Writing Project
April 29, 2010	Sponsored by the Atlanta Chapter, Agnes Scott College Alumnae Association Atlanta History Center Tour and Lunch Rare objects in the Cherokee Garden Library Collection - Director Staci Catron '93 Garden and quarry tour - Gardens Curator John Manion Luncheon - Swan Coach House
September 17, 2011	Moira Keller of Sixty Plus at Piedmont Hospital joined us for a relaxed event of learning and sharing at the Currys' condominium.