

Fit for Life Fair**Saturday, September 25, 2010
9 a.m.-1:00 p.m.**

Fit For Life Fair with Gina Price Lundberg, MD FACC and Director of the Heart Center for Women at Saint Joseph's Hospital. Agnes Scott College PE faculty and staff will offer screenings such as blood pressure testing, body mass index, and other exams plus your choice of a yoga or zumba session. We end the event with the popular salad bar lunch.

Bullock Science Center, Agnes Scott College, 141 E. College Ave., Decatur, GA 30030
Wait for the cart or use these directions from the parking deck: cross South McDonough and walk straight passing the Library (the third building on your right). Take a right here and proceed across the quadrangle to the building directly in front of you. We will meet in the Atrium.
Cost: \$30 per person (includes morning coffee and lunch)

Dealing with Life's Losses**Saturday, November 13, 2010
9 a.m.-12:00 p.m.**

Judy Coyer Wolfe, M Div, BCC, CT, Grief Therapist and Counselor, will lead our discussion, expanding on the session she led with us in 2008.

Alston Campus Center, Amelia Davis Lucksinger Lounge, Agnes Scott College, 141 E. College Ave., Decatur, GA 30030. Wait for the cart or, from the parking deck, cross South McDonough and walk straight to the **fourth building on your right** (the Library is the third building), Alston Campus Center. The Amelia Davis Luchsinger Lounge is on the first floor.
Cost: \$20 per person (includes morning coffee)

We communicate with you via postal mail and email, as you request. Please help us keep current.

- To update your mailing address, email address, request to receive *email newsletters* only, or be removed from our files completely, send an email to info@womenalonetogether.org.
- To join the Reading Group email list, send an email to BookGroup@womenalonetogether.org.
- Be sure to add these addresses and newsletter@womenalonetogether.org to the addresses which you permit to pass your email Spam filter. Better yet, if your filter lets you allow by domain name, allow any mail from @womenalonetogether.org.
- To stop our emails, click on *I no longer wish to receive the Women Alone Together Email Newsletter* at the bottom of the next email newsletter you receive. It will open another window (it takes awhile). Fill out your name and email address and submit.
- If you do not have email, you may update your mailing address or be removed from our files completely, drop a note via postal mail to:

Women Alone Together
P.O. Box 11866
Atlanta, GA 30355

Checks for September 25th and November 13th should be made payable to Women Alone Together and mailed with designated form to: Women Alone Together, P.O. Box 11866, Atlanta, GA 30355 For questions, contact Women Alone Together at 404.769.3228 or info@womenalonetogether.org

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Dealing with Life's Losses
November 13, 2010

Registration Deadline: Nov 8, 2010

Enclosed for Nov 13th Seminar \$_____ Check#_____

Please note if you plan to join us for dutch treat luncheon at Watershed Restaurant following the program. (We now must reserve and are charged).

Yes ____ No ____

Name _____ Class Year (if ASC Alumna)
Names of Guest(s): _____ Add to Mailing List? []
Street Address _____ E-Mail _____
City/State/Zip _____ Phone (_____)

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Fit for Life Fair
September 25, 2010

Registration Deadline: Sept 20, 2010

Enclosed for Sep 25th Seminar \$_____ Check#_____

Name _____ Class Year (if ASC Alumna)
Names of Guests _____ Add to Mailing List? []
Street Address _____ E-Mail _____
City/State/Zip _____ Phone (_____)